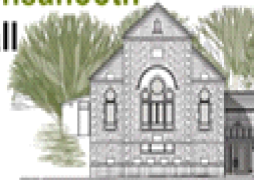


SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	HALL DETAILS	
10am – Noon Café Worship Amanda Jenkins/ Chris Trewern <b>Cafe</b>	9am - 4.30pm Blue Badge Assessment Twice Monthly Access Independent 01223 229091 <b>Cafe</b>  <b>Cafe</b>	9.15 – 6pm Feet Up Chiropodist Karen Myers 01872 834567 <b>CR</b>	09.30 – 11.30 Toddler Group Jackie Quinn and Methodists 07970 179329 <b>Cafe</b>	9.30 10.30am Counselling Denise Chatfield 07786 984781 <b>MR</b>	9.30 – 10.30 Pilates Jem Smith/ 07712 237145 <b>MH</b>	<b>COMING EVENTS</b> 24.02.24 – Noon-11pm Michelle & Vaughan's Thank You Farewell <b>MH</b>	<b>HIRE RATES</b>  <b>MH = Main Hall</b> <b>£10.50 an hour</b>	
6pm – 9pm Myoken Joda Martial Arts, Peter West 07515 902389 <b>MH</b>	10am – Noon Ladies Unlimited Christine Stewart 01872 863077 Village Group <b>Cafe</b>	9.30 - 11am Flowing Yoga Kathryn Lindsay 07980 284089 <b>Main Hall</b>	<b>U3A - 9.30</b> <b>-11.30am</b> Scottish Country Dance Polly Barton 07847 279697 <b>MH</b>	9.30 – 11.30 Yoga Sarah Caine 07788 476948 <b>Main</b> <b>H</b>	10.45 – 11.15 Pilates Jem Smith 07712 237145 <b>MH</b>	02.03.24 - <b>Main</b> <b>Hall</b> 9am – 1pm <b>BIG BREAKFAST</b> Andy & Lisa Ridout <b>&amp;MINI MARKET in</b> <b>Cafe</b>	£38.00 - 8am –Noon £42.00 - 1pm-5pm £53.00 - 5.30 –11pm £120.00 – All Day  -----	
<b>We have provided</b> <b>Telephone numbers</b> <b>For all the listings</b> <b>with the Users</b> <b>permission</b> <b>Should you require</b>	11am – Noon Hula Hoops Practice Julia Beasley 07982 197432 <b>MH</b>	11.15 – 1.45 Women's Circle Ruth Mcfarland <b>MH</b> Email: moonchildand thepirate@outlook.com	11.15 – 12.15 Argentine Tango Biljana Lipic 07966 457863	10am – Noon Cosawes Creatives Sue Hiscutt Meeting Room <b>MR</b>	<b>Main Hall available</b> <b>for rental 2<sup>nd</sup> &amp; 4<sup>th</sup></b> <b>Fridays afternoon</b> <b>and evenings</b>	<table border="1"> <tr> <td>If you would like to Sell, Tables cost £5. Maria 07532 323247 Or Anita 07746 8367 <b>Call or Text</b></td> </tr> </table>	If you would like to Sell, Tables cost £5. Maria 07532 323247 Or Anita 07746 8367 <b>Call or Text</b>	<b>GF = Café £8.00 an</b> <b>Hour</b>  <b>Mezzanine Floor</b>
If you would like to Sell, Tables cost £5. Maria 07532 323247 Or Anita 07746 8367 <b>Call or Text</b>								
<b>Any information</b> <b>contact them directly</b> <b>they will be pleased</b> <b>to help!</b> <b>The Hall has Wi-Fi</b> <b>throughout!</b>	6.30 – 9.15 Flowing Yoga Kathryn Lindsay 07980 284089 <b>MH</b>	11am – 1pm Imagine-If Social Prescribing Hub Ellen Moule 07446 257846	1.30 – 3.30 <b>Craft Club</b> Sue Jenkins 07822 193179 <b>MH</b>	13.03.24 2pm -4pm Celebration Committee Meeting  chapel	2pm – 3pm Argentine Tango Biljana Lipic 07966 457663	10am-Noon 23.03.24 Village Coffee Morning in Café. <b>ALLWELCOME</b> Join us for Tea. Coffee , cake and a chat and a chat!!	<b>MR =Meeting Room</b> <b>£6.00 an hour</b> <b>£24.00- 8am-12 Noon</b> <b>£24.00 -1pm – 5pm</b>	
<b>Meeting Room – Lift</b> <b>Access-Projector &amp;</b> <b>Sound System.</b> <b>LGF Café – Projector,</b> <b>sound system and</b>	7.00 -9.15 Ponsanooth Parish Council meet 2 <sup>nd</sup> Monday of the month	Times arranged Counselling Russell Hill 07791 643808 <b>MR</b>	13.03.24 2pm – 4pm Methodist Meeting Chris Trewern 07706 831036	6.30 – 8.30 Belly & Oriental Dance Liz Newman 07480 142880 <b>MH</b>	4.30 – 5.30 Counselling D Chatfield 07786984781 <b>MR</b>	<b>THURSDAY-02.05.24</b> 6.15am – 10.15pm Police and Crime Commissioner's Election. <b>CAFE</b>	£30.00 - 5.30 – 11pm £66.00 – All Day <b>CR = Consultation</b> <b>Room £4.00 an Hour</b>	

<b>Kitchen Facilities</b> . All are available to rent, Weddings, Celebrations, Christenings, Dance, Fitness, Tutorials, Week	<b>Full Council Meeting</b> These are open to the Public and held in the <b>Café</b> with disabled Access	<b>7pm-9pm</b> <b>N.D.P Twice monthly</b> <b>C. Daly Cafe</b>	<b>6pm – 7pm</b> <b>Keep Fit</b> <b>Shore-2-Shore</b> <b>–Trev</b> <b>07763 029149 MH</b>	<b>7pm - 9pm</b> <b>29.02.24 Road Safety</b> <b>Hannah Davies</b> <b>Ponsanooth PC</b> <b>MR</b>	<b>7.15 – 9.15</b> <b>Ballroom/Latin Dance</b> Val Rice <b>Twice monthly</b> <b>07772 902856 MH</b>	<b>01.06.24</b> <b>The Directors have designated this day to celebrate the 10<sup>th</sup> Anniversary of the</b>	<b>PHMC</b> <b>Ponsanooth Hall Management Committee</b> <b>Directors Meet 6 times a year</b>	
<b>End Workshops, Hubs, Coffee Mornings, Church Activities, Counselling. Visit our Website for an Update</b>	<b>Anyone wishing to attend or for information contact Ponsanooth Parish Clerk</b>	<b>7pm – 10pm</b> <b>Kokori Kai Aikido</b> <b>Tom 07423123935</b> <b>or</b>	<b>7pm-9.30pm</b> <b>Heartfelt Herbs</b> <b>Belle Benfield MR</b> <b>07818 430241</b>	<b>7pm-8.30</b> <b>Ladies Group</b> <b>Laura Lloyd</b> <b>07849 339321 Cafe</b>	<b>Various times</b> <b>For Counselling with Russell Hill</b> <b>07791 643508 MR</b>	<b>Ponsanooth Hall. The Re-Opening - June 2014 after the Fire of 2008. A Committee are arranging various events</b>	<b>Chairman T. Williams</b> <b>Treasurer A. Ridout</b>	
<b>The Directors who help run, repair and maintain the Hall, open &amp; close, manage Finance &amp; the Booking are all Volunteers</b>	<b>Mary Gosling</b> <b>ponsanoothpc@gmail.com</b> <b>or 07907642937</b>	<b>Jonathon</b> <b>07792048350</b> <b>Main Hall</b>	<b>7.15 – 9.45</b> <b>Men's Circle: Dominic Mcfarland Twice Monthly</b> <b>Email:moonchildandthepirate@outlook.com</b>	<b>6pm-8.30pm</b> <b>Dance Course</b> <b>Shilly Nakedmoon</b> <b>07484 803810</b>	<b>Ponsanooth Hall</b>  <b>www.ponsanooth-hall.co.uk</b>	<b>Events, telling the Journey up to the Present.Full details Will be on our Website.</b>	<b>Rental Enquiries</b> <b>Call or text Maria</b> <b>07532 323247 or email mariamanetta1@gmail.com</b>	

**PONSANOOTH HALL ACTIVITY SHEET for SPRING - SUMMER 2024**